

State of Connecticut
Department of Correction
Program Development

Alphabetical Listing of Programs for NORTHERN CI

Administrative Segregation: Bridge Group

Description

This class is a component of the Administrative Segregation program. It is designed to (1) review all the concepts taught in the previous classes; (2) afford an opportunity for senior management in the facility to interact with inmates and evaluate program progress; (3) help inmates think about and plan the next step in the three-phase A.S. program.

Facility:

Northern CI

Auspices:

Facility Staff

Types:

Administrative Segregation

Administrative Segregation: Communications Class

Description

This Administrative Segregation (A.S.) class is the first class offered to inmates in the 3-phase A.S. program. Research into causes of violence among inmates reveals that frequently there is a breakdown in communications or faulty communications. This group is designed to help inmates improve their communications skills.

Facility:

Northern CI

Auspices:

Facility Staff

Types:

Administrative Segregation

Administrative Segregation: How To Deal With Your Anger

Description

This is one of the classes in the Administrative Segregation (A.S.) program. An essential capacity these inmates need to develop is to be able to deal with angry feelings without resorting to violence. This class is designed to help change thinking and attitudes which promote violence and to develop skills to deal with anger without violence.

Facility:

Northern CI

Auspices:

Facility Staff

Types:

Administrative Segregation, Anger Management

Administrative Segregation: How to Deal With Your Problems and How to Do Your Bid

Description

This is a group designed for inmates on Administrative Segregation status. One of the problems which many inmates have in general, and A.S. inmates have in particular, is that they lack the skills necessary for problem solving. The first part of this class is designed to help inmates learn that not all problems can be solved and to assist them in approaching problems so as to (1) respond in the best way to the presented problem and (2) not to make the situation worse. In the second part of the class the inmates review a videotape that shows inmates who have completed a restrictive housing program. In that video the inmates discuss what they believe is necessary in order to "do your bid." The video serves as a stimulus for inmates to discuss how it is possible to live in a prison environment without getting into trouble.

Facility:

Northern CI

Auspices:

Facility Staff

Types:

Administrative Segregation

Administrative Segregation: Orientation and Communication

Description

This is the first class offered to inmates in the Administrative Segregation Phase Program. Research into causes of violence among inmates reveals that frequently there is a breakdown in communication or poor communication skills. This group is designed to assist inmates in improving communication skills.

Facility:

Northern CI

Auspices:

Facility Staff

Types:

Administrative Segregation

Administrative Segregation: Relapse Prevention

Description

This is one of the classes in the Administrative Segregation (A.S.) program. Inmates are placed on A.S. status due to serious behavioral problems such as assaulting staff or other inmates. As the inmates' behavior improves in the program, they enter this class, Relapse Prevention. This class is designed to help inmates understand and avoid relapse.

Facility:

Northern CI

Auspices:

Facility Staff

Types:

Administrative Segregation

Bridging the Gap

Description

Alcoholics Anonymous is one of the most important self-help resources for alcoholic men and women. A very important first step for inmates being released into the community is attending the first meeting as soon as possible following release. Addiction Services staff in the institution utilize a toll-free telephone number to get information about the nearest AA meeting location, along with the name of a contact person. An AA member then will contact the inmate upon release and even provide transportation to a meeting.

Facility:

Northern CI

Auspices:

Addiction Services

Types:

Addiction

Catholic Mass

Description

This is the weekly Catholic worship service.

Facility:

Northern CI

Auspices:

Religious Services

Types:

Worship Services

HIV Counseling, Testing & Risk Reduction Education

Description

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

Facility:

Northern CI

Auspices:

Health Services

Types:

Health Education

HIV Support Services

Description

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

Facility:

Northern CI

Auspices:

Health Services

Types:

Health Education

Islamic Video and Discussion

Description

This is a weekly instructional video and discussion group focused on the historical background of Islam, prayer, customs, and traditions. A short discussion follows each video.

Facility:

Northern CI

Auspices:

Religious Services, Volunteer Services

Types:

Religious

Jewish Worship and Torah Studies

Description

Jewish Worship services and Torah studies are conducted weekly. During the Holy Days, services are celebrated under the supervision of the Religious Coordinator.

Facility:

Northern CI

Auspices:

Religious Services

Types:

Worship Services

Jumah

Description

Jumah is the weekly Muslim worship service.

Facility:

Northern CI

Auspices:

Religious Services

Types:

Worship Services

Native American Video and Discussion

Description

This is a weekly instructional video and discussion group that focuses on the historical background of the 500 nations of native people, their customs, and traditions. A short discussion follows each video.

Facility:

Northern CI

Auspices:

Religious Services, Volunteer Services

Types:

Religious

Native American Worship

Description

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

Facility:

Northern CI

Auspices:

Religious Services, Volunteer Services

Types:

Religious, Worship Services

Protestant Bible Study

Description

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facility:

Northern CI

Auspices:

Religious Services, Volunteer Services

Types:

Religious

Protestant Service

Description

This is the weekly Protestant worship service.

Facility:

Northern CI

Auspices:

Religious Services, Volunteer Services

Types:

Worship Services

Security Risk Group Safety Threat Unit (SRGT) - How to Deal with Your Problems and How to Do Your Bid

Description

This is a group designed for inmates on SRGT status. One of the problems which many inmates have in general and restrictive housing inmates have in particular, is that they lack the skills necessary for problem solving. The first part of this class is designed to help inmates learn that not all problems can be solved and to assist them in approaching problems so as to (1) respond in the best way to the presented problem and (2) not to make the situation worse. In the second part of the class the inmates review a videotape which shows inmates who have completed a restrictive housing program. In that video the inmates discuss what they believe is necessary in order to "do your bid." The video serves as a stimulus for inmates to discuss how it is possible to live in a prison environment without getting into trouble.

Facility:

Northern CI

Auspices:

Facility Staff

Types:

SRG

Security Risk Group Safety Threat Members (SRGT) - Building the Ladder

Description

This class is a component of the SRGT program. In this class inmates are encouraged to analyze past experiences and build a realistic and achievable plan for the future.

Facility:

Northern CI

Auspices:

Facility Staff

Types:

SRG

Security Risk Group Safety Threat Unit (SRGT) - Relapse Prevention

Description

This class is a component of the SRGT program. It is designed to help inmates understand and avoid relapse. In order to reach this class in the program the inmate has had to be behaving himself and interacting appropriately with other inmates and staff. This group is designed to help inmates examine the issues that might result in a relapse of the problematic behavior which resulted in their placement in the SRGT program.

Facility:

Northern CI

Auspices:

Facility Staff

Types:

SRG

Security Risk Group Safety Threat Unit (SRGT) - Bridge Group

Description

This class is one component of the SRGT program. It is designed to (1) review all the concepts taught in the previous classes; (2) afford an opportunity for senior management in the facility to interact with inmates and evaluate program progress; (3) to help inmates think about and plan the next step in the three-phase SRGT program.

Facility:

Northern CI

Auspices:

Facility Staff

Types:

SRG

Security Risk Group Safety Threat Unit (SRGT) - Orientation and *Communication*

Description

This SRGT class is the first offered to inmates in the Phase Program. Research into causes of violence among inmates reveals that frequently there is a breakdown in communication or poor communication skills. This group is designed to assist inmates in improving communication skills.

Facility:

Northern CI

Auspices:

Facility Staff

Types:

SRG

Special Education and Pupil Services

Description

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.)

Facility:

Northern CI

Auspices:

USD#1

Types:

Academic Education

Sponsorship Behind the Walls

Description

This program is designed for inmates participating in a 12-step recovery program. It enables participants to write to an outside sponsor in order to work the 12 steps of recovery.

Facility:

Northern CI

Auspices:

Addiction Services, Volunteer Services

Types:

Addiction

Transitional Linkage into the Community (TLC)

Description

Transitional Linkage into the Community (TLC) is a program of Community Partners in Action which provides discharge planning for inmates with HIV/AIDS. TLC serves every prison and jail in the state, and works with clients returning to every region of the state. TLC case managers meet clients' emergency needs upon release, and connect them with services in their local communities for continuing care and assistance.

Facility:

Northern CI

Auspices:

Contracted Program, Health Services

Types:

Health Education, Transition

Victim-Offender Dialogue

Description

For a variety of reasons, it is sometimes helpful for victims to meet with offenders. The department's Victim Services Unit evaluates and when appropriate facilitates this dialogue. The process is designed to achieve the objectives of restorative justice, healing the victim, and confronting and holding the offender accountable. Although this process can often be very helpful to the inmate, all such dialogues are initiated at the request of victims.

Facility:

Northern CI

Auspices:

Facility Staff, Victim Services

Types:

Domestic Violence, Victim